

August 25, 2009

HEALTH UPDATE: Hand, Foot, and Mouth Disease

Dear Parents,

I need to inform you that we have a suspected case of hand, foot and mouth disease in our Leo Lionni class. This is a common childhood illness and will usually resolve on it's own after a few days.

This disease is caused by a virus called the coxsackie A virus. The name hand, foot and mouth disease (HFMD) comes from the rash that develops on the palms of hands, and soles of feet. It also can cause sores in the mouth. Sore throat and fever, along with the rash are it's main features. If your child has any of these signs or symptoms, please consult your doctor.

If your child is unwell, please keep him/her at home. If you are able to confirm that your child has HFMD, please inform the school immediately via phone or e-mail at health@eclcseoul.com, so that we can monitor the spread. We request that you keep your child home until their **lesions are dry** and they are **fever-free for 24 hours**.

Continuing proper hand-washing and respiratory etiquette is the best prevention!

Please refer to the website below for further information:

www.kidshealth.org

If you have any questions, feel free to contact me.

Thank you,

Alison

Health and Safety Coordinator